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[Soaring to Glory Captured by the Indians](#) [Me, Myself, and Them : A Firsthand Account of One Young Person's Experience with Schizophrenia](#) [Devolution Next to Nothing : A Firsthand Account of One Teenager's Experience with an Eating Disorder](#) [Mindsets and Missiles: A Firsthand Account of the Cuban Missile Crisis](#) [Guns Up! Me, Myself, and Them](#) [No Easy Day Into the Fire](#) [The Hallelujah Flight](#) [New Orleans Disasters: Firsthand Accounts of Crescent City Tragedy](#) [What You Must Think of Me](#) [Witnessing America](#) **Black Hawk War Guide, A: Landmarks, Battlefields, Museums & Firsthand Accounts Building the Rule of Law** [Mind Race](#) **Chasing the Dragon** **Secret Life A Tomb Called Iwo Jima** [Exploring the Colorado River](#) [Heroes Among Us](#) **First Hand Accounts of Johannesburg in English Language Periodicals, 1886-1895** **Lost Victory Titanic, First Accounts** *This was San Francisco, Being First-hand Accounts of the Evolution of One of America's Favorite Cities* **The Revolution Remembered** **California Disasters, 1812-1899** *Confessions of an Argentine Dirty Warrior* **Firebirds** **Angel Stories** **Leningrad Under Siege** *Jewish Travellers in the Middle Ages* *Footsteps in the Attic* [No Easy Day](#) *The Mammoth Book of Soldiers at War* **Japan's Infamous** **Chasing the High Invasion Diary** [All the Gallant Men](#)

Already considered a classic of paranormal literature, FOOTSTEPS IN THE ATTIC is a first-hand record of some of the 20th century's most stunning cases, written by the eminent expert who investigated them, and interpreted according to an entirely new approach to the paranormal. In late 1949, hard on the heels of the USSR's first atomic bomb test and Eastern Europe's rechristening as the Soviet Bloc, China—the world's most populous nation—finally succumbed to the alarming tide of Communist successes. Dumbfounded, America wanted to know, "Who lost China?" Roy Rowan is one of only two living American journalists who covered the fall of China to the Communists, and in *Chasing the Dragon*, he recounts his personal experiences during one of modern history's most tumultuous and significant events. Writing for *Life* magazine, he watched the horror of the world's oldest continuous civilization tear itself apart as Chairman Mao Zedong's ragtag army choked off major cities and waited for them to "fall like ripe melons." Through Rowan's interviews and eyewitness accounts we meet a whole host of colorful characters. *Chasing the Dragon* is a fascinating firsthand account of the earth-shattering events that still continue to shape our world. With more than one thousand books on Hurricane Katrina, somehow not one work examines a collection of Crescent City calamity-until now. Here seven tragedies and their fallout are explored through gripping firsthand interviews, planting readers amid the chaos. Revisit the agony of the Luling ferry disaster, the horror of Pan Am Flight 759 slamming into a Kenner neighborhood and the Mother's Day bus crash on 610 that claimed twenty-two lives. Sift for answers in the unsolved fires of the Rault Center and the Upstairs Lounge. Investigate the Continental Grain elevator explosion and experience the terror of the Howard Johnson's sniper. Join author Royd Anderson on this harrowing journey through New Orleans tragedy. Book jacket. A practical guide for young people diagnosed with bipolar disorder covers such topics as causes of bipolar disorder, psychiatric hospitalization, symptoms, and medications. This is a riveting and disturbing account of the medical atrocities performed in and around Japan during WWII. Some of the cruelest deeds of Japan's war in Asia did not occur on the battlefield, but in quiet, antiseptic medical wards in obscure parts of China. Far from front lines and prying eyes, Japanese doctors and their assistants subjected human guinea pigs to gruesome medical experiments in the name of science and Japan's wartime chemical and biological warfare research. Author Hal Gold draws upon a wealth of sources to construct a portrait of the Imperial Japanese Army's most notorious medical unit, giving an overview of its history and detailing its most shocking activities. The book presents the words of former unit members themselves, taken from remarks they made at a traveling Unit 731 exhibition held in Japan in 1994-95. They recount

vivid first-hand memories of what it was like to take part in horrific experiments on men, women and children, their motivations and reasons why they chose to speak about their actions all these years later. A new foreword by historian Yuma Totani examines the actions of Unit 731, the post-war response by the Allies and the lasting importance of the book. Japan's Infamous Unit 731 represents an essential addition to the growing body of literature on the still unfolding story of some of the most infamous war crimes in modern military history. By showing how the ethics of normal men and women, and even an entire profession, can be warped by the fire of war, this important book offers a window on a time of human madness and the hope that history will not be repeated. Powell's 1869 expedition was the first successful attempt to map the Colorado River. This volume assembles the explorers' journals, accounts, and letters into a compelling day-by-day narrative. Leningrad was under siege for almost three years, and the first winter of that siege was one of the coldest on record. The Russians had been taken by surprise by the Germans' sudden onslaught in June 1941. This book tells the story of that long, bitter siege in the words of those who were there. It vividly describes how ordinary Leningraders struggled to stay alive and to defend their beloved city in the most appalling conditions. They were bombed, shelled, starved and frozen. They dug tank-traps and trenches, built shelters and fortifications, fought fires, cleared rubble, tended the wounded and, for as long as they had strength to do so, buried their dead. Many were killed by German bombs or shells, but most of them died of hunger and cold. Based on interviews with survivors of the siege and on contemporary diaries and personal memoirs. The primary focus is on three people: a young mother with two small children, a boy of sixteen at the outbreak of war, and an elderly academic. We see the siege through their eyes as its horrors unfold and as they struggle to survive. First person accounts of the major catastrophies of 19th century California. Follows the retired navy officer author's confessions about his participation in the assassinations of political dissidents during Argentina's "dirty war," in an account that places the volume in a historical context and offers insight into the Argentine war crimes trials. Originally published as *The Flight*. Reprint. "This book describes the beginnings of CEELI, the obstacles it overcame, the challenges it faced, and the ABA leaders who built it. It will then look at the practical, real life, on-the-ground influence that CEELI and its successor organization, the ABA Rule of Law Initiative (ROLI), have had on various jurisdictions around the world and on the evolving legal and political systems in them. It will also evaluate the impact that this Rule of Law movement has had on a wide range of individual lawyers and judges"-- The New York Times bestselling memoir of survival and heroism at Pearl Harbor "An unforgettable story of unfathomable courage." —Reader's Digest In this, the first memoir by a USS Arizona sailor, Donald Stratton delivers an inspiring and unforgettable eyewitness account of the Pearl Harbor attack and his remarkable return to the fight. At 8:10 a.m. on December 7, 1941, Seaman First Class Donald Stratton was consumed by an inferno. A million pounds of explosives had detonated beneath his battle station aboard the USS Arizona, barely fifteen minutes into Japan's surprise attack on American forces at Pearl Harbor. Near death and burned across two thirds of his body, Don, a nineteen-year-old Nebraskan who had been steeled by the Great Depression and Dust Bowl, summoned the will to haul himself hand over hand across a rope tethered to a neighboring vessel. Forty-five feet below, the harbor's flaming, oil-slick water boiled with enemy bullets; all around him the world tore itself apart. In this extraordinary, never-before-told eyewitness account of the Pearl Harbor attack—the only memoir ever written by a survivor of the USS Arizona—ninety-four-year-old veteran Donald Stratton finally shares his unforgettable personal tale of bravery and survival on December 7, 1941, his harrowing recovery, and his inspiring determination to return to the fight. Don and four other sailors made it safely across the same line that morning, a small miracle on a day that claimed the lives of 1,177 of their Arizona shipmates—approximately half the American fatalities at Pearl Harbor. Sent to military hospitals for a year,

Don refused doctors' advice to amputate his limbs and battled to relearn how to walk. The U.S. Navy gave him a medical discharge, believing he would never again be fit for service, but Don had unfinished business. In June 1944, he sailed back into the teeth of the Pacific War on a destroyer, destined for combat in the crucial battles of Leyte Gulf, Luzon, and Okinawa, thus earning the distinction of having been present for the opening shots and the final major battle of America's Second World War. As the seventy-fifth anniversary of the Pearl Harbor attack approaches, Don, a great-grandfather of five and one of six living survivors of the Arizona, offers an unprecedentedly intimate reflection on the tragedy that drew America into the greatest armed conflict in history. All the Gallant Men is a book for the ages, one of the most remarkable—and remarkably inspiring—memoirs of any kind to appear in recent years. *Library Journal

The #1 New York Times bestselling first-person account of the planning and execution of the Bin Laden raid from a Navy SEAL who confronted the terrorist mastermind and witnessed his final moments. From the streets of Iraq to the rescue of Captain Richard Phillips in the Indian Ocean, and from the mountaintops of Afghanistan to the third floor of Osama Bin Laden's compound, operator Mark Owen of the U.S. Naval Special Warfare Development Group—known as SEAL Team Six—has been a part of some of the most memorable special operations in history, as well as countless missions that never made headlines. No Easy Day puts readers alongside Owen and his fellow SEAL team members as they train for the biggest mission of their lives. The blow-by-blow narrative of the assault, beginning with the helicopter crash that could have ended Owen's life straight through to the radio call confirming Bin Laden's death, is an essential piece of modern history. In No Easy Day, Owen also takes readers into the War on Terror and details the formation of the most elite units in the military. Owen's story draws on his youth in Alaska and describes the SEALs' quest to challenge themselves at the highest levels of physical and mental endurance. With boots-on-the-ground detail, Owen describes several missions that illustrate the life and work of a SEAL and the evolution of the team after the events of September 11. In telling the true story of the SEALs whose talents, skills, experiences, and exceptional sacrifices led to one of the greatest victories in the War on Terror, Mark Owen honors the men who risk everything for our country, and he leaves readers with a deep understanding of the warriors who keep America safe. A classic oral history of the American Revolution, The Revolution Remembered uses 79 first-hand accounts from veterans of the war to provide the reader with the feel of what it must have been like to fight and live through America's bloody battle for independence. "In a book fairly bursting with feats of daring, perhaps the most spectacular accomplishment of them all is this volume's transformation of its readers into the grandchildren of Revolutionary War soldiers. . . . An amazing gathering of 79 surrogate Yankee grandparents who tell us in their own words what they saw with their own eyes."—Elaine F. Weiss, Christian Science Monitor "Fascinating. . . . [The soldiers'] details fill in significant shadows of history."—Henry Kisor, Chicago Sun-Times "It's still good fun two centuries later, overhearing these experiences of the tumult of everyday life and seeing a front-lines view of one of the most unusual armies ever to fight, let alone win."—Richard Martin, Wall Street Journal "One of the most important primary source discoveries from the era. A unique and fresh perspective."—Paul G. Levine, Los Angeles Times Fascinating firsthand accounts of the Titanic—in a deluxe package with gorgeous graphic cover art The Titanic, First Accounts graphic deluxe edition compiles first hand accounts, testimonies, and letters by notable Titanic survivors, including Archibald Gracie, Lawrence Beesley, Elizabeth W. Shutes, and the "unsinkable" Molly Brown. Full of historically accurate details and an afterword by the grandson of Lawrence Beesley, Titanic Survivors and author of The Loss of the S.S. Titanic, it will be the gift to give die-hard Titanic buffs. Authoritative, commemorative and in a striking, luxurious package with an introduction by Titanic enthusiast and expert, Tim Maltin, this will be the authoritative work on the disaster. For more than seventy years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,700 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators. Do angels really exist? What is their purpose? Do they interact with us? And what about demons and fallen angels? What should we do about them? Angel Stories answers these questions and more through a collection of encounters told by a "who's who" of Christian prophetic and apostolic leaders. Firsthand accounts by ordinary Americans describe living in a log cabin,

facing a stampede, working in a sweatshop, and other experiences More than simple cases of dieting gone awry, eating disorders such as anorexia and bulimia are among the most fatal of mental illnesses, responsible for more deaths each year than any other psychiatric disorder. These illnesses afflict millions of young people, especially women, all over the world. Carrie Arnold developed anorexia as an adolescent and nearly lost her life to the disease. In Next to Nothing, she tells the story of her descent into anorexia, how and why she fell victim to this mysterious illness, and how she was able to seek help and recover after years of therapy and hard work. Now an adult, Arnold uses her own experiences to offer practical advice and guidance to young adults who have recently been diagnosed with an eating disorder, or who are at risk for developing one. Drawing on the expertise of B. Timothy Walsh, M.D., one of America's leading authorities on eating disorders, she reveals in easy-to-understand terms what is known and not known medically about anorexia and bulimia. The book covers such difficult topics as how to make sense of a diagnosis, the various psychotherapies available to those struggling with an eating disorder, psychiatric hospitalization, and how to talk about these illnesses to family and friends. The result is both a compelling memoir and a practical guide that will help to ease the isolation that an eating disorder can impose, showing young people how to manage and maintain their recovery on a daily basis. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, Next to Nothing will also be a valuable resource to the friends and family of those with eating disorders. It offers much-needed hope to young people, helping them to overcome these illnesses and lead productive and healthy lives. "This book is a masterpiece. It captures the essence of the Tuskegee Airmen's experience from the perspective of one who lived it. The action sequences make me feel I'm back in the cockpit of my P-51C 'Kitten'! If you want to know what it was like fighting German interceptors in European skies while winning equal opportunity at home, be sure to read this book!" —Colonel Charles E. McGee, USAF (ret.) former president, Tuskegee Airmen Inc. "All Americans owe Harry Stewart Jr. and his fellow airmen a huge debt for defending our country during World War II. In addition, they have inspired generations of African American youth to follow their dreams." —Henry Louis Gates Jr., Alphonse Fletcher University Professor, Harvard University He had to sit in a segregated rail car on the journey to Army basic training in Mississippi in 1943. But two years later, the twenty-year-old African American from New York was at the controls of a P-51, prowling for Luftwaffe aircraft at five thousand feet over the Austrian countryside. By the end of World War II, he had done something that nobody could take away from him: He had become an American hero. This is the remarkable true story of Lt. Col. Harry Stewart Jr., one of the last surviving Tuskegee Airmen pilots who experienced air combat during World War II. Award-winning aviation writer Philip Handleman recreates the harrowing action and heart-pounding drama of Stewart's combat missions, including the legendary mission in which Stewart downed three enemy fighters. Soaring to Glory also reveals the cruel injustices Stewart and his fellow Tuskegee Airmen faced during their wartime service and upon return home after the war. Stewart's heroism was not celebrated as it should have been in postwar America—but now, his boundless courage and determination will never be forgotten. The Black Hawk War was the final conflict east of the Mississippi River between American Indian communities and the United States regular troops and militia. Exploring the museums, wayside markers and parks relating to that struggle is not just a journey of historic significance through beautiful natural scenery. It is also an amazing convergence of legendary personalities, from Abraham Lincoln to Jefferson Davis. Follow the fallout of the war from the Quad Cities on the Illinois/Iowa border, through the "Trembling Lands" along the Kettle Moraine and into the Driftless Area of southern Wisconsin. Pairing local insight with big-picture perspective, Ben Strand charts an overlooked quadrant of America's frontier heritage. "The story of what Dakota did . . . will be told for generations."—President Barack Obama, from remarks given at Meyer's Medal of Honor ceremony In the fall of 2009, Taliban insurgents ambushed a patrol of Afghan soldiers and Marine advisors in a mountain village called Ganjigal. Firing from entrenched positions, the enemy was positioned to wipe out one hundred men who were pinned down and were repeatedly refused artillery support. Ordered to remain behind with the vehicles, twenty-one year-old Marine corporal Dakota Meyer disobeyed orders and attacked to rescue his comrades. With a brave driver at the wheel, Meyer stood in the gun turret exposed to withering fire, rallying Afghan troops to follow. Over the course of the five hours, he charged into the valley time and again. Employing a variety of machine guns, rifles, grenade launchers, and even a rock, Meyer

repeatedly repulsed enemy attackers, carried wounded Afghan soldiers to safety, and provided cover for dozens of others to escape—supreme acts of valor and determination. In the end, Meyer and four stalwart comrades—an Army captain, an Afghan sergeant major, and two Marines—cleared the battlefield and came to grips with a tragedy they knew could have been avoided. For his actions on that day, Meyer became the first living Marine in three decades to be awarded the Medal of Honor. *Into the Fire* tells the full story of the chaotic battle of Ganjigal for the first time, in a compelling, human way that reveals it as a microcosm of our recent wars. Meyer takes us from his upbringing on a farm in Kentucky, through his Marine and sniper training, onto the battlefield, and into the vexed aftermath of his harrowing exploits in a battle that has become the stuff of legend. Investigations ensued, even as he was pitched back into battle alongside U.S. Army soldiers who embraced him as a fellow grunt. When it was over, he returned to the States to confront living with the loss of his closest friends. This is a tale of American values and upbringing, of stunning heroism, and of adjusting to loss and to civilian life. We see it all through Meyer's eyes, bullet by bullet, with raw honesty in telling of both the errors that resulted in tragedy and the resolve of American soldiers, U.S. Marines, and Afghan soldiers who'd been abandoned and faced certain death. Meticulously researched and thrillingly told, with nonstop pace and vivid detail, *Into the Fire* is the unvarnished story of a modern American hero. Praise for *Into the Fire* "A story of men at their best and at their worst . . . leaves you gaping in admiration at Medal of Honor winner Dakota Meyer's courage."—National Review "Meyer's dazzling bravery wasn't momentary or impulsive but deliberate and sustained."—The Wall Street Journal "[A] cathartic, heartfelt account . . . Combat memoirs don't get any more personal."—Kirkus Reviews "A great contribution to the discussion of an agonizingly complex subject."—The Virginian-Pilot "Black Hawk Down meets Lone Survivor."—Library Journal

During his second semester at college, Kurt Snyder became convinced that he was about to discover a fabulously important mathematical principle, spending hours lost in daydreams about numbers and symbols. In time, his thoughts took a darker turn, and he became preoccupied with the idea that cars were following him, or that strangers wanted to harm him. Kurt's mind had been hijacked by schizophrenia, a severe mental disorder that typically strikes during the late teen or young adult years. In *Me, Myself, and Them*, Kurt, now an adult, looks back from the vantage point of recovery and eloquently describes the debilitating changes in thoughts and perceptions that took hold of his life during his teens and twenties. As a memoir, this book is remarkable for its unvarnished look at the slow and difficult process of coming back from severe mental illness. Yet Kurt's memoir is only half the story. With the help of psychiatrist Raquel E. Gur, M.D., Ph.D., and veteran science writer Linda Wasmer Andrews, Kurt paints the big picture for others affected by adolescent schizophrenia. Drawing on the latest scientific and medical evidence, he explains how to recognize warning signs, where to find help, and what treatments have proved effective. Kurt also offers practical advice on topics of particular interest to young people, such as suggestions on managing the illness at home, school, and work, and in relationships with family and friends. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *My, Myself, and Them* offers hope to young people who are struggling with schizophrenia, helping them to understand and manage the challenges of this illness and go on to lead healthy lives. The former CIA director contends that decisions made over five administrations cost America its military victory in Vietnam. We've all felt occasional pangs of shyness and self-consciousness, but for the 15 million Americans with social anxiety disorder, the fear of being scrutinized and criticized can reach disabling proportions. Such was the case for Emily Ford, who shares her firsthand experiences in these pages. Emily's true story of fear, struggle, and ultimate triumph is sure to resonate with other socially anxious teenagers and young adults. Emily's frank, often witty, sometimes poignant account of how she negotiated all the obstacles of social anxiety—and eventually overcame them with the help of therapy and hard work—makes for compelling reading. Yet this book is more than just a memoir. Emily's story is coupled with the latest medical and scientific information about the causes, diagnosis, treatment, and self-management of social anxiety disorder (or SAD). Readers will find a wealth of solid advice and genuine inspiration here. In engaging, accessible language—and with the help of psychiatrist Michael Liebowitz—she discusses what is known and not known about social anxiety disorder in adolescents. She outlines the various psychotherapies available for those with SAD and explains how to seek professional help, how to talk to family and friends about the illness, and how to handle difficult social situations. The result is both

an absorbing story and a useful guide that will help to ease the isolation caused by SAD, encouraging young people to believe that, with commitment and hard work, they can overcome this illness. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *What You Must Think of Me* will also be a valuable resource for friends and family of those with SAD. It offers much-needed hope to young people, helping them to overcome this illness and lead healthy, productive lives. In *Secret Life*, Professor David M. Jacobs of Temple University takes us into the private world of those abducted by aliens, letting them describe in their own words what it is like to be abducted. Based on interviews with sixty individuals and more than 300 independently corroborated accounts, *Secret Life* presents the most complete and accurate picture of alien abductions ever compiled. Dr. Jacobs takes the reader on a minute-by-minute journey through a typical abduction experience and describes in detail the bizarre physical, mental and reproductive procedures that abductees claim have been administered by small alien beings. Jacobs draws from these interviews a profoundly unsettling reason behind the abductions: aliens are conducting a complex reproductive experiment involving the conception, gestation, or incubation of human and alien hybrid beings. Pioneers describe their experiences as captives of the Indians and portray Indian society and culture. A dramatic and richly detailed chronicle of the Allied invasions of Sicily and Italy from one of America's greatest war correspondents. Following the defeat of Axis forces in North Africa, Allied military strategists turned their attention to southern Italy. Winston Churchill famously described the region as the "soft underbelly of Europe," and claimed that an invasion would pull German troops from the Eastern Front and help bring a swift end to the war. On July 10, 1943, American and British forces invaded Sicily. Operation Husky brought the island under Allied control and hastened the downfall of Benito Mussolini, but more than one hundred thousand German and Italian troops managed to escape across the Strait of Messina. The "soft underbelly" of mainland Italy became, in the words of US Fifth Army commander Lt. Gen. Mark Clark, "a tough old gut." Less than a year after landing with the US Marines on Guadalcanal Island, journalist Richard Tregaskis joined the Allied forces in Sicily and Italy. *Invasion Diary* documents some of the fiercest fighting of World War II, from bombing runs over Rome to the defense of the Salerno beachhead against heavy artillery fire to the fall of Naples. In compelling and evocative prose, Tregaskis depicts the terror and excitement of life on the front lines and recounts his own harrowing brush with death when a chunk of German shrapnel pierced his helmet and shattered his skull. An invaluable eyewitness account of two of the most crucial campaigns of the Second World War and a stirring tribute to the soldiers, pilots, surgeons, nurses, and ambulance drivers whose skill and courage carried the Allies to victory, *Invasion Diary* is a classic of war reportage and "required reading for all who want to know how armies fight" (Library Journal). This ebook features an illustrated biography of Richard Tregaskis including rare images from the American Heritage Center at the University of Wyoming. Kyle Keegan was like many teenagers: eager to fit in at school, he experimented with alcohol and drugs. Soon, his abuse of these substances surpassed experimentation and became a ruthless addiction to heroin that nearly destroyed his life. Now in recovery, Keegan tells his remarkable story in *Chasing the High*. Starting with the early days of alcohol and drug use, Keegan charts his decline into crime and homelessness as his need for heroin surpassed all thoughts of family and friends, of right and wrong. He then goes on to use these experiences to offer guidance and practical advice to other young people who may be struggling with substance abuse. In straightforward, easy-to-understand language and along with the psychiatric expertise of Howard Moss, MD, Keegan discusses what is known about the neurobiology of addiction in young people, how to seek treatment, and how to get the most out of professional help. He also covers such topics as which therapies are used to combat addiction, how to talk to family and friends about substance abuse, and how to navigate risky situations. Both an absorbing memoir and a useful resource for young people. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *Chasing the High* is at once both an absorbing memoir and a useful resource. It offers hope to those who are struggling with substance abuse and will help them to overcome its challenges and to go on to lead healthy, productive lives. Chuck Carlock volunteered to become a helicopter pilot in August 1966, convinced that by the time he finished training, the Vietnam War would be over. Little did he know that he would see some of the war's most intense action, including the Tet offensives. Carlock portrays countless dangers, from an elusive enemy and treacherous terrain to blinding weather, faulty equipment,

and friendly fire. He rides the pendulum between fear and fearlessness during his many brushes with death. Along with the danger and tension, Carlock tells us about the camaraderie and humor shared by men who lived on the edge. Carlock's stories will sometimes shock you, sometimes bring a smile to your face, and sometimes make you angry. Learn about "secret" missions into a neutral country. Discover how the Walker spy ring cost American lives. Most of all, find out what it was like for a twenty-one-year-old farm boy to find himself suddenly immersed in vicious daily combat, making decisions that determined the fate of hundreds of lives. Firsthand accounts from Japanese WWII soldiers, sailors and pilots who fought in the battle for Iwo Jima and survived. Some were evacuated before the Marines landed and others were taken as Prisoners-of-War. The Japanese army and navy combatants are given a voice to share their experiences in the battle that coined the phrase, "Uncommon valor was a common virtue." The #1 New York Times bestselling first-person account of the planning and execution of the Bin Laden raid from a Navy SEAL who confronted the terrorist mastermind and witnessed his final moments. From the streets of Iraq to the rescue of Captain Richard Phillips in the Indian Ocean, and from the mountaintops of Afghanistan to the third floor of Osama Bin Laden's compound, operator Mark Owen of the U.S. Naval Special Warfare Development Group—known as SEAL Team Six—has been a part of some of the most memorable special operations in history, as well as countless missions that never made headlines. No Easy Day puts readers alongside Owen and his fellow SEAL team members as they train for the biggest mission of their lives. The blow-by-blow narrative of the assault, beginning with the helicopter crash that could have ended Owen's life straight through to the radio call confirming Bin Laden's death, is an essential piece of modern history. In No Easy Day, Owen also takes readers into the War on Terror and details the formation of the most elite units in the military. Owen's story draws on his youth in Alaska and describes the SEALs' quest to challenge themselves at the highest levels of physical and mental endurance. With boots-on-the-ground detail, Owen describes several missions that illustrate the life and work of a SEAL and the evolution of the team after the events of September 11. In telling the true story of the SEALs whose talents, skills, experiences, and exceptional sacrifices led to one of the greatest victories in the War on Terror, Mark Owen honors the men who risk everything for our country, and he leaves readers with a deep understanding of the warriors who keep America safe. THIS GUT-WRENCHING FIRSTHAND ACCOUNT OF THE WAR IS A CLASSIC IN THE ANNALS OF VIETNAM LITERATURE. "Guns up!" was the battle cry that sent machine gunners racing forward with their M60s to mow down the enemy, hoping that this wasn't the day they would meet their deaths. Marine Johnnie Clark heard that the life expectancy of a machine gunner in Vietnam was seven to ten seconds after a firefight began. Johnnie was only eighteen when he got there, at the height of the bloody Tet Offensive at Hue, and he quickly realized the grim statistic held a chilling truth. The Marines who fought and bled and died were ordinary men, many still teenagers, but the selfless bravery they showed day after day in a nightmarish jungle war made them true heroes. This new edition of Guns Up!, filled with photographs and updated information about those harrowing battles, also contains the real names of these extraordinary warriors and details of their lives after the war. The book's continuing success is a tribute to the raw courage and sacrifice of the United States Marines. Firsthand accounts from of the war in Iraq and Afghanistan from decorated soldiers of all branches of the military capture front-line stories of combat, courage under fire, and heroism on the battlefield. This chronology provides details and analysis of the intelligence failures and successes of the Cuban Missile Crisis, and suggests the applicability of lessons learned to the collection, analysis, and use of intelligence in strategic decisionmaking. The author describes how the crisis unfolded using the author's personal recollection, declassified documents, and many memoirs written by senior CIA officers and others who were participants. Lessons learned include the need to avoid having our political, analytical and intelligence collection mind-sets prevent us from acquiring and accurately analyzing intelligence about our adversaries true plans and intentions. When our national security is at stake, we should not hesitate to undertake risky intelligence collection operations including espionage, to penetrate our adversary's deceptions. We must also understand that our adversaries may not believe the gravity of our policy warnings or allow their own agendas to be influenced by diplomatic pressure. The extraordinary story of James Banning, the first African-American pilot to fly across country

During the Great Depression, the ace black pilot James Banning decided to fly from coast to coast to serve as an inspiration to people everywhere. So with a little ingenuity and a whole lot of heart, he fixed up the dilapidated OXX6 Eagle Rock plane with his co-pilot and mechanic, Thomas Allen, earning them the derisive nickname, "The Flying Hobos." But with the help of friends and family along the way who signed their names on the wings of the plane in exchange for food, fuel and supplies, Banning and Allen made it through treacherous weather and overcame ruthless prejudice to receive a heroes' welcome upon landing in New York on October 9, 1932. This exceptional story of determination and pride, shown through John Holyfield's energetic flight scenes and sweeping landscapes, will put you in the cockpit right alongside Banning and Allen as they complete the journey of a lifetime. During his second semester at college, Kurt Snyder became convinced that he was about to discover a fabulously important mathematical principle, spending hours lost in daydreams about numbers and symbols. In time, his thoughts took a darker turn, and he became preoccupied with the idea that cars were following him, or that strangers wanted to harm him. Kurt's mind had been hijacked by schizophrenia, a severe mental disorder that typically strikes during the late teen or young adult years. In Me, Myself, and Them, Kurt, now an adult, looks back from the vantage point of recovery and eloquently describes the debilitating changes in thoughts and perceptions that took hold of his life during his teens and twenties. As a memoir, this book is remarkable for its unvarnished look at the slow and difficult process of coming back from severe mental illness. Yet Kurt's memoir is only half the story. With the help of psychiatrist Raquel E. Gur, M.D., Ph.D., and veteran science writer Linda Wasmer Andrews, Kurt paints the big picture for others affected by adolescent schizophrenia. Drawing on the latest scientific and medical evidence, he explains how to recognize warning signs, where to find help, and what treatments have proved effective. Kurt also offers practical advice on topics of particular interest to young people, such as suggestions on managing the illness at home, school, and work, and in relationships with family and friends. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, My, Myself, and Them offers hope to young people who are struggling with schizophrenia, helping them to understand and manage the challenges of this illness and go on to lead healthy lives. Rich in human experience and historic detail, these fascinating accounts portray the activities of Jewish scholars, merchants, pilgrims, ambassadors, and other wanderers. Nineteen engaging narratives, some of them 12 centuries old, offer rare perspectives on the unfolding drama of life in medieval Europe, the Near East, and Africa. Using memoirs, letters, and diaries from common soldiers, the author introduces readers to warfare during the Napoleonic Age, covering the battlefields in Europe and America during the French Revolution, as well as the Napoleonic Wars and the the War of 1812. Original. NEW YORK TIMES BESTSELLER • The #1 New York Times bestselling author of World War Z is back with "the Bigfoot thriller you didn't know you needed in your life, and one of the greatest horror novels I've ever read" (Blake Crouch, author of Dark Matter and Recursion). FINALIST FOR THE LOCUS AWARD As the ash and chaos from Mount Rainier's eruption swirled and finally settled, the story of the Greenloop massacre has passed unnoticed, unexamined . . . until now. The journals of resident Kate Holland, recovered from the town's bloody wreckage, capture a tale too harrowing—and too earth-shattering in its implications—to be forgotten. In these pages, Max Brooks brings Kate's extraordinary account to light for the first time, faithfully reproducing her words alongside his own extensive investigations into the massacre and the legendary beasts behind it. Kate's is a tale of unexpected strength and resilience, of humanity's defiance in the face of a terrible predator's gaze, and, inevitably, of savagery and death. Yet it is also far more than that. Because if what Kate Holland saw in those days is real, then we must accept the impossible. We must accept that the creature known as Bigfoot walks among us—and that it is a beast of terrible strength and ferocity. Part survival narrative, part bloody horror tale, part scientific journey into the boundaries between truth and fiction, this is a Bigfoot story as only Max Brooks could chronicle it—and like none you've ever read before. Praise for Devolution "Delightful . . . [A] tale of supernatural mayhem that fans of King and Crichton alike will enjoy."—Kirkus Reviews (starred review) "The story is told in such a compelling manner that horror fans will want to believe and, perhaps, take the warning to heart."—Booklist (starred review)

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